

OLIWIA WAWRZYNIAK

SKILLS

- Sports nutrition and endurance training knowledge
- Public speaking and community program development
- Strong teamwork and decision-making under pressure
- Leadership from athletics and Resident Assistant experience
- Excellent time management and event planning skills
- Bilingual: English & Polish

EXPERIENCE

Kitchen Crew | McDonald's | 09-11/2021

Worked in a fast-paced environment, strengthening customer interaction, teamwork, and task prioritization skills. Demonstrated reliability, adaptability, and efficiency.

Resident Assistant/Office Assistant | University of Tennessee, Knoxville | 2024- present

Provide high-quality customer service, manage mail distribution, assist with administrative operations, and maintain smooth communication within a busy residence hall environment. Lead a community of residents by designing educational programs, managing building operations, and ensuring safety during high-traffic weekends and emergencies. Created large-scale engagement events, wellness activities, and personalized community-building initiatives.

EDUCATION

B.S in Nutrition (Dietetics) | Expected Spring 2026 | University of Tennessee, Knoxville

Minor: Tourism & Hospitality Management

Current GPA: 3.68

Relevant coursework: Sports Nutrition, Clinical Nutrition I & II, Nutrition Assessment, Nutrition Education & Counseling, Physiological Biochemistry, Life Span Nutrition, Microbiology, Foodservice Management, Event Planning, Travel & Tourism, Sustainable Tourism.

OBJECTIVE

Driven and globally minded international student-athlete pursuing a career in sports nutrition, running performance, tourism management, or social media strategy. I aim to combine my background as a long-distance runner, my dietetics education, and my leadership experience to support people in performing, living, and exploring at their highest level.



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EXPERIENCE AND LEADERSHIP

-Resident Assistant: Lead community engagement, wellness programs, emergency response, and resident support in a high-traffic housing environment.

-Distance runner (Polish National Team): Competed internationally (7th at World U20 Championships-2021). Bring discipline, leadership, and performance insight to sports-related roles.

-Create content focused on running, nutrition, travel, and healthy lifestyle. Assisted Albuquerque Running Fiesta with Instagram content, vendor research, and sponsor outreach.